

Page 5, before the paragraph beginning on line 14, insert the following heading.

--BRIEF DESCRIPTION OF THE DRAWINGS--.

Page 6, before the paragraph beginning on line 13, insert the following heading.

--DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS--.

IN THE CLAIMS:

Please amend the claims to read as follows.

B1 5. (Amended) Method according to claim 1, characterised in that the core material (2) has additional shaped elements.

Please add the following new claim to the application.

B2 15. Method according to claim 5, characterised in that the additional shaped elements are selected from the group consisting of rounded-off notches, rounded-off areas, hollow spaces and undercuts.

IN THE ABSTRACT:

Please add the following abstract to the application.